



SIR

LUNCHEON INFORMATION

JUNE 2024

The Gateway Chapter 169

49



JUNE Luncheon Information

WHEN; TUESDAY JUNE 11, 2024

WHERE: Pardinis Catering

TIME: 1100 Social Hour, 1200 Lunch

COST: Lunch \$25. Annual Dues \$25 (if required)

No Charge to members celebrating their
Birthday in June.

SPEAKER: Valerie Salcedo

MENU: Beef, Fish or Chef Salad, If you have other
Dietary requirement, please let your caller
Know so that arrangements can be made.



SIR

BIG SIR COMMENTS

The Gateway Chapter 169

Not much to report for June. At the 6 month point all reports for membership, personnel, accounting and quarterlies have been sent to the State organization. Congratulations to Roy Grijalva for being one of the BEC reps from 179.

On a personal note, I had the privilege of playing in the Napa tournament with Mike Panella as my partner. We had a great time and played with another Sir, Jeff Imperial from the Santa Cruz area. We had such a good time that Jeff contacted us to see if we were playing in Reno. I only mention this for you to see that golf friends can be made outside of Fresno and would encourage any Sir to participate in the State tournaments. I have the Napa and Reno tourneys on my 2025 calendar.

June starts the summer weather. Stay cool and drink plenty of water and stay hydrated. Take Gator Aid with you to the golf course.

Ernie Sopp, BIG SIR

Additionally, our current Asst Treasurer has informed us, that due to health reasons , he will be resigning his position, as soon as possible. Anyone interested in becoming the Assistant Treasurer should speak with either Ernie or Nick(the Treasurer) to express their interest. We appreciate all the hard work Duane has contributed to both the Treasurer and Assistant Treasurer positions over the past years. All the best to Duane.

Happy Fathers Day



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LITTLE SIR COMMENTS

The Gateway Chapter 169

I was delighted to hear Lisa Smittcamp's presentation at last month's meeting. I hope all of you enjoyed it, too. On June 11, at our next meeting, we will get to see and hear our former Miss Fresno County, Valerie Salcedo. She will share her beautiful singing voice with us. Unfortunately, I'll be in Yosemite then (I think that's the first time I've ever said this) so I have to miss it.

It's also time for the Nominating Committee, which I chair, to work on making recommendations for next year's slate officers. Jim Hiney, Tom Lehn, Manny Contino and I form the Committee. If we ask you to serve, I hope you agree to serve. Thanks in advance.

John Eleazarian

Little Sir

In regards to our June Guest Speaker, Valerie Salcedo, Luis Rodriguez has provided a quick bio: our speaker for the June meeting is Valerie Salcedo. She's Fresno State alum, former Miss Fresno County, Classical Singer/Song writer, Military Singer, Central Valley Honor Flight Volunteer and Guardian. She just finished performing in West Side Story the Musical in Ohio. She is a very talented singer and extremely dedicated person to all Veterans and Military Personnel.....Luis

Happy Fathers Day



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TREASURERS REPORT

The Gateway Chapter 169

MAY 2024 TREASURERS REPORT



HAPPY FATHER'S DAY

Beginning CB Balance: \$ 10,235.63

Income: \$ 3,561.00

Expenses: \$ 3,400.00

Ending CB Balance: \$ 10,395.69

Petty Cash: \$ 100.00

Ending Total Bal: \$ 10,495.69

Treasure report is subject to corrections at the next Board Meeting



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SECRETARY REPORT

The Gateway Chapter 169

SIR 169 EXECUTIVE BOARD MEETING MINUTES Date: May 14, 2024

Big SIR called the meeting to order at 10:04 am

ATTENDING: Frank Bavarro; Ed Dorn; Manny Contino; John Eleazarian, Duane Evans, Jim Forden, Ted Fox; Roy Grijalva; Jim Hiney; Bernie Hollenbeck; Bob Large; Luis Rodriguez; Ernie Sopp; Roger Stewart

Guest(s): Bruce Corwin, SIR Area 19 Governor

BIG SIR REPORT: 1) Ernie Sopp asked if there had been any response from the Membership, following the publishing of a piece in the Newsletter regarding the caution against using the information in our Directory for commercial purposes. None had been heard by members of our BEC. 2) Big Sir reminded that a slate of officers for 2025 should be identified by August of this year.

LITTLE SIR REPORT: Little SIR, John Eleazarian, reported that 1) the Nominating Committee will be formed and the work completed by the deadline set by the Big SIR. 2) day's speaker is Lisa Smittcamp, the District Attorney for Fresno County and next month, the singer, Valery Saucedo will be performing at our meeting. 3) Wine has been purchased for our luncheon prizes at a good price, with quality ratings.

SECRETARY REPORT: Jim Forden reported: 1) Currently, we have 156 inducted and Active Members. 2) The work being accomplished to complete the Roster database has proceeded to a point that there are now only 20 members for whom data is yet needed.

TREASURE'S REPORT: On behalf of Nick Lopez who would not be in attendance today, Duane Evans distributed our Treasury Statement for April 2024 which reported that with Luncheon Revenues, Dues collected and 50/50 proceeds there was a total of \$2,448.00.00 of Income for the month of March. Expenses for the period totaled \$2,378.28, leaving a Balance of funds (including Petty Cash) of \$10,235.63.. MSC to accept the Report as submitted.

ACTIVITIES: Ed Dorn reported that: 1) The recently publicized Area wide tournament to be held in Fresno, has been canceled due to a lack of signups for the event. 2) The long time treasurer of the Golf Committee, Joe Doherty, who has served the program for several years has withdrawn from the assignment and will be replaced by Nick Lopez...3) There are now two opportunities for our members to play pool, one offered, at the Windham Senior facility and a second at the Clovis Senior Center.



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SECRETARY REPORT (cont)

The Gateway Chapter 169

MEMBERSHIP: Membership Chaiman Jim Hiney, reported that he has in hand the applications of three men: John Freeman; Joe Salazar, and Najana Victor have submitted applications for membership; MSC to approve for induction.

SUNSHINE REPORT: Bernie Hollenbeck reported that: 1) He had called in a total of 131 for todays luncheon, however the current count from the callers is a total of 143 members and guests. Since Pardinis prepares for a 10% margin over the count given each month, Bernie believes that the order will be sufficient to accommodate the entrie number of people who actually attend. 3) David Dias, is recovering from a severe injury to his hand, but is recovering successful y.

NEW BUSINESS: 1) Manny Contino recalled that at the time that our merger was being completed, the then Big SIR, Jim Hiney, requested that there be an continuing and active participation on the BEC by men who previously were members of the 175 and also 179. With that in mind, Manny proposed that with Doug Nowlin withdrawing from the Board that he be replaced by Roy Grijalva, who previously has been an active leader in SIRS. MSC to approve Roy as a replacement for Doug as a BEC member.

.2) Roger Stewart posed the question as to whether SIR 169 had ever conducted a Memorial re the members who had passed on during a period. After a brief discussion of the idea, it was decided that this would be appropriate and should be done. Big SIR Ernie agreed to initiate a periodic recognition of those members who have died.

OLD BUSINESS: None to address have

Adjourned at 11:05 am

RESPECTFULLY SUBMITTED: Jim Forden, Secretary,

Minutes of the Board meeting are not finalized until approved at the following Board Meeting. Corrections and Changes to the newsletter should be forwarded to Jim Forden prior to the May meeting.



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BRANCH INFORMATION

The Gateway Chapter 169

SIR 169 Executive Board and Committee Chairman

SIR 169 Executive Board

Big SIR Ernie Sopp	Little SIR John Eleazarian	Secretary Jim Forden	Asst. Secty Luis Rodriguez	Treasurer Nick Lopez	Asst. Treas Duane Evans	Activities Chairman Ed Dorn	Newsletter Editor Ted Fox
							
Bernie Hollenbeck	Frank Bavaro Director	Jim Hiney Director	Manny Cantine Director	Bob Large Director	Roger Stewart Director	Roy Grijalva Director	
							
Sunshine Chairman		Biz SIR 2023					

CALLERS



Dave Hoffman 374-5622, Bob Lung 252-1483, Ted Fox 298-3179,
Bob Large 227-7136, Anthony Noia 492-1848, Jim Peterson 897-5595,
Bernie Hollenbeck 291-7625, Brian Ohde 255-5249, Tom Wider 760-2669
Ken Meyers 297-0567, Bill Prince 940-0779, Don Beauregard 431-4866,
Gerald Stoltenberg 289-9287, Rob Saulsbury 285-7985, Les Saywell 434-4580,
Keith Herzog 439-0986, Thomas Schab 960-9377

Branch Website: SIR169.org

State Website: SIRINC.org



SIR

IMPORTANT JUNE EVENTS

The Gateway Chapter 169

JUNE BIRTHDAYS

Robert	Amoto
Nicholas	Davis
Ed	Diaz
Dave	Dinsdale
John	Elezarian
James	Emerson
Duane	Evans
Howar	Jones
Randy	Lindquist
David	Lopez



Jackie	Lovato
Bob	Lung
Mert	Mock
Arthur	Mock
David	Pitts
Frank	Rotella
Larry	Rowe
Lester	Saywell
Wayne	Schwartz
David	Wear



Bill and SUNNY GEORGE

MERT and KATHY MOCK

LUIS and LINDA RODRIQUEZ

ALL OTHER COUPLES CELEBRATING ANNIVERSARIES DURING THE MONTH OF JUNE.



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ACTIVITIES

The Gateway Chapter 169



Golf:

Complete results and the current schedule can be found on the golf web page:

<https://sirgcare29br169.memberplanet.com>

June Schedule: Note: There is a Monday scheduled this month

Ken Myers is the host for June

June 4th Tuesday 8:00 Madera Muni Cha Cha Cha

June 17th Monday 8:00 Ridge Creek Lone Ranger

June 25th Tuesday 8:00 Dragon Fly 4man2bb

Thank you to Brian Ohde for hosting in May

Sir State Golf

The State Sir Golf committee has events in June, August, September and October.

For Additional information go to: <https://www.golf.sirinc2.org>



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ACTIVITIES

The Gateway Chapter 169



Couples Nite Out

The next Couple's Nite Out dinner will be on June 13th at 6:00 at Oakhill Wine and Bistro located at 1440 E. Champlain Ave. Fresno. Contact Ed Dorn or sign up at the June luncheon for this fun event.



Sirs Diners: 3rd Wednesday May 15th

George's Bar and Grill located at C6680 N Blackstone Ave., Fresno. Drinks at 5:00, dinner at 6:00. Contact Tom Lean to sign up.



Date-Nite: 3rd Wednesday June 19th

Our group will be dining at the New Great Wall Chinese Cuisine. It is exactly the same restaurant I gave you last month. We only had one couple show up because we are so used to having our Date Nite dinner the week following our luncheon. However, the month of May began on a Wednesday, so it fell on the day after our luncheon, not the week following our luncheon.



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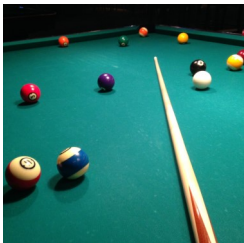
ACTIVITIES

The Gateway Chapter 169



Poker Groups

1. Formerly Br 169 group. Contact Ed Dorn, Jim Hiney or Ted Fox if you are interested in joining this poker group. We currently play once a month, the Wednesday following the luncheon, rotating houses. Light snacks and beverages supplied by the host. Time: 1 pm to 4 pm . Contact us at the monthly luncheon.
2. Formerly Br 179 group, aka. The SIR George Lane Memorial Poker Group usually plays once a month, on the 4th Wednesday of the month. We rotate houses and the host is responsible for providing a light lunch, snacks and beverages. Time 1200 pm to 300 pm. Let Chairman Richard Ewell know at richarde37@gmail.com if you are interested.



Pool Group(s)

The pool players now meet for **BREAKFAST** at 9:00am on Thursdays at the Windham Retirement Home, followed by a few brisk rounds of pool at the same location. All members are welcome, skilled or novice. For more details, call Chairman Richard Ewell at 432-7601.

A spin-off group has now established 8:00 am Monday mornings at the new Clovis Senior Center as another opportunity to meet and enjoy a couple of hours of friendly pool. Contact Ted Fox or Ed Dorn or Randy Bushore for information.



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ACTIVITIES

The Gateway Chapter 169



PICKLE BALL

Pickle Ball returned, beginning April 15th at Break the Barriers (located at Cedar and Teague Aves) in Fresno. For an introduction to and beginning lessons our Pickle Ball experts Jackie Lovato and Larry Rowe will be offering a program to get you into the Pickle Ball era.

Monday, Wednesday and Fridays from 10-12 am at the Break the Barriers indoor courts.

No sign up, just show up, no cost to use the facility.

Jackie Lovato



Larry Rowe



SIR

BRANCH YEARLY GOLF SCHEDULE REVISED AS OF June 1, 2024

The Gateway Chapter 169

Ed Dorn, Golf Chairman
edorn@att.net 977-0779

SIR 169 Golf 2024 Schedule

Mick Carrera, Pairings
mick_carrera@hotmail.com 291-2073

Date	Time	Course	Format	Chairman/Phone	E-Mail Address
JANUARY					
Jan 2, Tues	8:00	Dragon Fly	4 Man 2bb	Jackie Lovato 307-9032	jl_lovato@yahoo.com
Jan 16, Tues	9:00	Riverside	Flighted	Jackie Lovato	
Jan 23 Tues	10:00	Ridge Creek	Cha Cha Cha	Jackie Lovato	
Jan 30 Tues	10:00	Madera CC	Scrambles	Jackie Lovato	
FEBRUARY					
Feb 6, Tues	9:00	Airways	Cha Cha Cha	Dan Lindstrom	dlindstrom.12951@gmail.com
Feb 20 Tues	9:00	Madera Muni	4 Man 2bb	Dan Lindstrom	cancelle due to rain
Feb 27 Tues	8:30	Riverside	Lone Ranger	Dan Lindstrom	6
MARCH					
Mar 5, Tues	9:00	Airways	2 Man bb	Don Laines 908-5441	lainesf@comcast.net
Mar 19 Tues	9:00	Madera CC	Scrambles	Don Laines	
Mar 26, Tues	9:00	Madera Muni	Cha Cha Cha	Don Laines	
APRIL					
April 2, Tues	9:00	Ridge Creek	4man 2bb	Jim Peterson 304-0100	jimmargpeterson@yahoo.com
Apr 16, Tues	8:00	Riverside	Cha Cha Cha	Jim Peterson	
Apr 23, Tues	9:00	Pheasant Run	4man 2bb	Jim Peterson	
April 30, Tues	8:00	Dragon Fly	4man 2bb	Jim Peterson	
MAY					
May 7 Tues	8:00	Airways	Lone Ranger	Brian Ohde	ohdefamily@hotmail.com
May 21, Tues	9:00	Valley Oaks	Shambles	Brian Ohde	
May 28 Tues	9:00	Lemoore	2man bb	Brian Ohde	
JUNE					
June 4 Tues	8:00	Madera Muni	Cha Cha Cha	Ken Myers	
June 17, Monday	8:00	Ridge Creek	Lone Ranger	Ken Myers	kmyers654@aol.com
June 25 Tues	8:00	Dragon Fly	4man 2bb	Ken Myers	
JULY					
July 2, Tues	9:00	River Creek-Oakhurst	2man bb	Joe Russo	jrr.12@sbcglobal.net
July 16, Tues	8:00	Madera CC	Scrambles	Joe Russo	
July 23, Tues	8:00	Pheasant Run	Straight golf	Joe Russo	
July 30, Tues	8:00	Riverside	4man 2bb	Joe Russo	
AUGUST					
August 6, Tues	8:00	Airways	Lone Ranger	Nick Lopez	nicklopez741@yahoo.com
Aug 15 Thur	8:00	Belmont	Shambles	Nick Lopez	
Aug 20, Tues	8:00	Madera Muni	Cha Cha Cha	Nick Lopez	
Aug 27 Tues	9:00	Lemoore	flighted	Nick Lopez	
SEPTEMBER					
Sept 3, Tues	8:00	Dragon Fly	4man 2bb	Duane Oberquell	d.oberquell@comcast.net
Sept 17, Tues	8:00	Ridge Creek	Cha Cha Cha	Duane Oberquell	
Sept 19, Thursday	8:00	Belmont	Scrambles	Duane Oberquell	
Sept 24, Tues	8:30	Riverside	4man 2bb	Duane Oberquell	
OCTOBER					
Oct 1, Tues	9:00	Airways	Cha Cha Cha	Richard Lara	rlara0505@comcast.net
Oct 15 Tues	9:00	Madera CC	Scrambles	Richard Lara	
Oct 22, Tues	10:00	Rivercreek-Oakhurst	4man 2bb	Richard Lara	
Oct 29 Tues	8:00	Dragon Fly	Shambles	Richard Lara	
NOVEMBER					
Nov 5 Tues	9:00	Madera Muni	Flighted	Roy Grijalva	roysgrijalva@msn.com
Nov 19, Tues	9:00	Airways	4man 2bb	Roy Grijalva	
Nov 26, Tues	9:00	Pheasant Run	4man 2bb	Roy Grijalva	
DECEMBER					
Dec 3, Tues	8:00	Dragon Fly	Cha Cha Cha	Dave Dinsdale 301-4477	getover50@comcast.net
Dec 17, Tues	9:00	Riverside	Lone Ranger	Dave Dinsdale	
Dec 31, Tues	9:00	Airways	Scrambles	Dave Dinsdale	
Branch Championship Best 3 out of 4 events					
Please check in 30 minutes prior to tee time					
Link to State events: https://www.golf.sirinc2.org/					



SIR

MISCELLANEOUS INFORMATION

The Gateway Chapter 169

The following article and information was found in the most recent Medicare news, that is emailed to many, if not all Medicare recipients.

How can I keep my bones strong as I age?

There are things you can do at any age to prevent weakened bones. Here are some tips:

Eat foods that support bone health. Get enough [calcium, vitamin D](#), and protein each day. Low-fat dairy; leafy green vegetables; fish; and fortified juices, milk, and grains are good sources of calcium. If your vitamin D level is low, talk with your doctor about taking a [supplement](#).

Get active. Choose [weight-bearing exercise](#), such as strength training, walking, hiking, jogging, climbing stairs, tennis, and dancing. This type of physical activity can help build and strengthen your bones.

Don't smoke. Smoking increases your risk of weakened bones. If you do smoke, quit, contact your doctor for recommended ways to quit.

Limit alcohol consumption. Too much alcohol can harm your bones. Drink in moderation or not at all.



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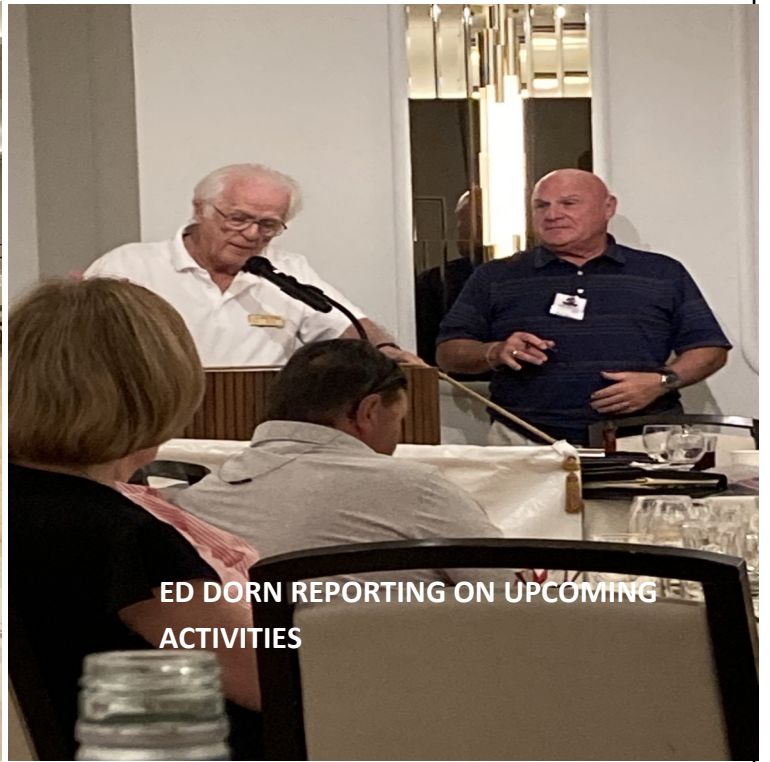
MAY LUNCHEON PHOTOS

The Gateway Chapter 169

MAY BOARD METING



ED DORN REPORTING ON UPCOMING ACTIVITIES



GREAT TURNOUT FOR THE MOTHERS DAY LUNCHEON





SIR

MAY LUNCHEON PHOTOS

The Gateway Chapter 169

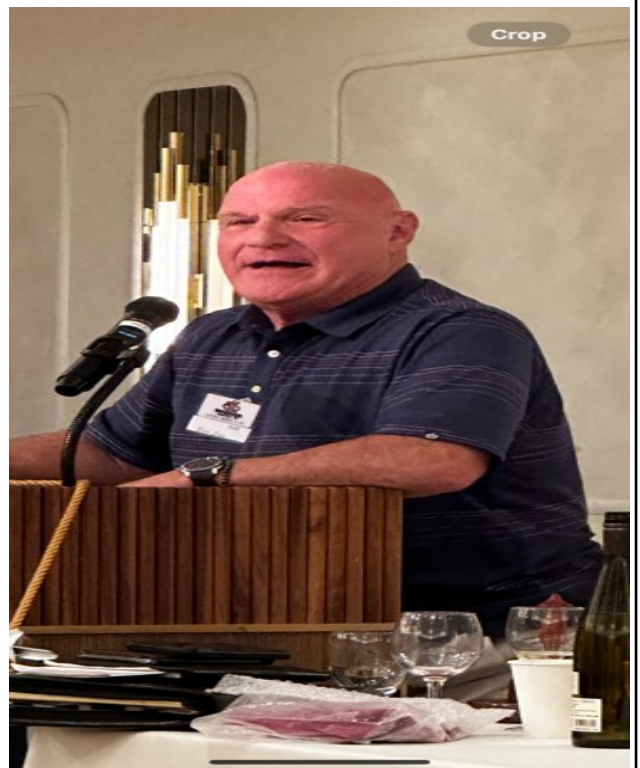


ERNIE AND ED TALKING WITH LISA SMITTCAMP PRIOR TO THE MEETING.

**JIM FORDEN LEADING THE GROUP-
IN OPENING SONG**

**PART OF THE LUNCHEON ATTENDEES
AND SPOUSES.**

ERNIE OPENING THE MEETING



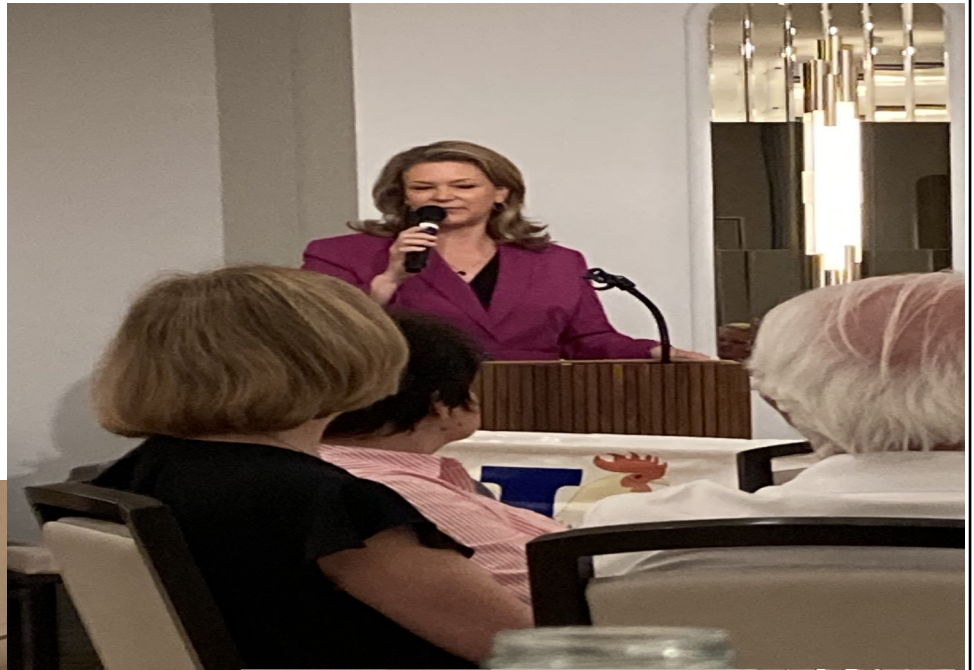


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MAY LUNCHEON PHOTOS

The Gateway Chapter 169

**GUEST SPEAKER:
LISA SMITTCAMP,
FRESNO COUNTY DISTRICT
ATTORNEY**





SIR

MAY LUNCHEON PHOTOS

The Gateway Chapter 169

WINE WINNERS



MICHAEL LUCKIN



JIM HINEY



KEN LAI



DAN KAISER



SIR

MAY LUNCHEON PHOTOS

The Gateway Chapter 169

50/50 WINNERS



FRES KETCHEUM



RICHARD EWELL



BOB SPAIN



SIR

MAY LUNCHEON PHOTOS

The Gateway Chapter 169



BRUCE CORWIN- AREA STATE REP.



**SIR RECOGNITION PRESENTED BY
BRUCE CORWIN - AREA STATE REP
JIM HINEY, MANNY CONTINO,
TOM LEAN.**

**THE THREE BIG SIRS THAT TOOK
THE LEAD IN COORDINATING THE
MERGER OF BRANCHES 169, 175
and 179 LAST YEAR**